

STANDARDS FOR THE BASIC LEVEL OF READINESS 7/21/04

Unless waived, officers must meet the eleven standards listed below in order to meet the basic level of readiness.

STANDARDS FOR BASIC LEVEL OF READINESS	OFFICER RESPONSIBILITIES	CHECK HERE
(1) Possess a current valid and unrestricted professional license, certification, and/or registration appropriate for officer's category or discipline.	(a) Record information on CCRF web site – http://ccrf.hhs.gov/ .	(a)
	(b) Ensure that information is on file with the Office of Commissioned Corps Operations (OCCO)	(b)
(2) Complete one of the following courses: <ul style="list-style-type: none"> • AHA Basic Life Support for Healthcare Providers • AHA ACLS • ARC CPR/AED for the Professional Rescuer. 	(a) Record information on CCRF web site	(a)
	(b) Ensure that information is on file with the (OCCO).	(b)
	(c) Renew Every 2 Years	(c) Exp. Date:
(3) Complete all readiness training for the basic level of readiness.	Login to http://ccrf.umbc.edu and complete all nine mandatory Web-based training modules (#201, 202, 110, 141, 142, 147, 180, 182 and 183) for the basic level, <u>plus</u> three: (a) Three elective modules from Group A (#120, 140, 217); or (b) Three elective modules from Group B (#111, 112, 114).	Cross off as completed: 201 202 110 141 142 147 180 182 183 & 120 140 217 OR 111 112 114
(4) Achieve currency in clinical role (if applicable.)	Record clinical hours on the CCRF web site (if applicable) – http://ccrf.hhs.gov/ . minimum number of hours = 112 w/in last 12 months.	Total Hours: Date:
(5) Record BMI/BF.	Record height/weight on the CCRF web site – http://ccrf.hhs.gov/ . If outside BMI guidelines, enter BF%.	Height: Weight:
(6) Have a current medical examination <u>and</u> pass the Corps' Annual Physical Fitness Test (APFT) <u>or</u> complete one of the President's Challenge programs and earn either the President's Active Lifestyle Award or the President's Champion Award (Bronze, Silver, or Gold)	Ensure a current medical exam is on file with the Medical Affairs Branch. Every 5 years.	Year of Last Medical Exam:
	Enter APFT results or President's Award certificate in CCRF website and submit a copy to OCCSS/MAB. Within Past 12 Months and Yearly:	Date of APFT:
Note: For PY2005, officers must pass the APFT to meet this standard unless they possess a current medical waiver.		
(7) Identify response role.	Record a response role from those listed on the CCRF web site – http://ccrf.hhs.gov/ .	Deployment Role:

(BACK)

STANDARDS FOR BASIC LEVEL OF READINESS	OFFICER RESPONSIBILITIES	Check here
(8) Obtain and/or begin required immunizations.	(a) Obtain current TD, MMR, Polio & Varicella immunizations, an annual PPD test & Influenza immunization, <u>and</u> have started the Hepatitis A and Hepatitis B series. (b) Record immunizations on the CCRF web site – http://ccrf.hhs.gov . Note. Positive titers confirming immunity are acceptable for MMR and Varicella.	Completed:
	Hepatitis A #1 (2 nd immunization must be completed by 1 May 2005)	
	Hepatitis B #1 (2 nd and 3 rd immunizations must be completed by 1 May 2005)	
	Influenza (within the last 12 Months and Yearly)	Date:
	MMR #1 (vaccination, positive titer or documented history)	
	Polio booster (after 18 th birthday)	
	TD (within the last ten years)	Date:
	Varicella (vaccination, positive titer or documented history)	
	PPD (within the last 12 Months and Yearly)	Date:
	If you have a positive PPD Make entry: Date of test and record result as + Make 2 nd entry: Method = Chest X-ray, record result as + or -.	
(9) Login every three months & update demographic information	Login to the CCRF website at least every three months and when necessary, update demographic, contact and other information – http://ccrf.hhs.gov .	Last Login Date:
(10) Possess required uniforms	Record that officer has obtained the required uniforms on the CCRF website - http://ccrf.hhs.gov .	
(11) Join CCRF List Serv	http://ccrf.hhs.gov/ccrf/email.htm	